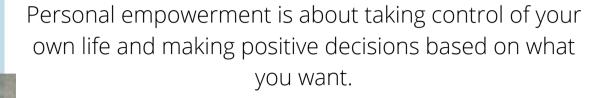
FIND RENEWED EMPOWERMENT

AND DIRECTION FOR THE NEXT PHASE
OF YOUR LIFE AND CAREER



How to Gain Empowerment & Influence at Work and in Life



It's closely linked to attributes like self-esteem and selfconfidence, but true empowerment comes when you convert intention into action.

Personal empowerment means giving yourself permission to succeed. But it doesn't mean "going it alone." Chances are, you'll need the input, support, and guidance of others to achieve your objectives.

And, in many cases, you'll need their permission, too, in the form of trust, resources, time, or autonomy, for example.

Bear in mind that "empowerment" is not the same as "entitlement." People who feel entitled tend to believe that benefits and privileges should come to them automatically, while empowered people achieve success through hard work, reflection and cooperation.

Answer these questions to help you make a plan to gain more power in your life.

THE EMPOWERMENT WITHIN

How to Gain Empowerment & Influence at Work and in Life

What does empowerment mean to you?

At work	
At home	

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What is holding you back from your dreams?

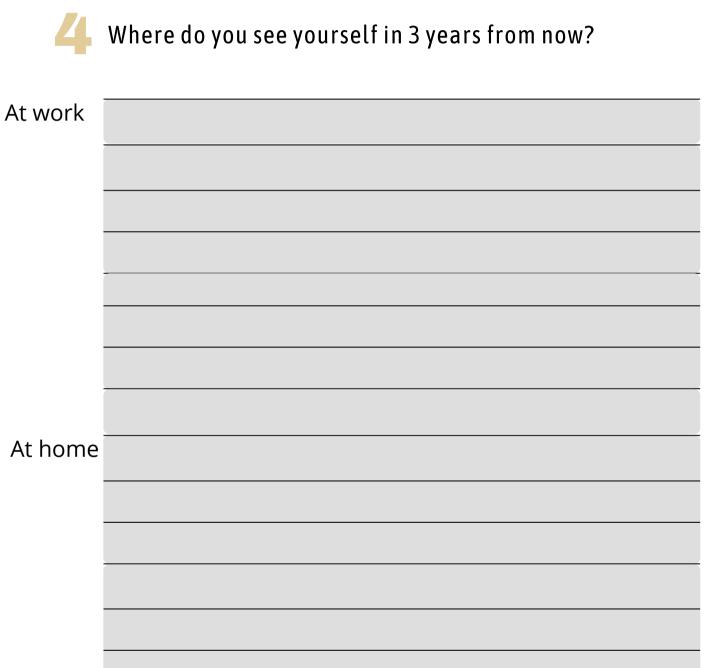
At work	
At home	

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What can you do today to feel more empowered?

At work	
At home	

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What are you wasting your time with?

At work	
At home	

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What's important to you at the moment?

At work	
At home	

How to Gain Empowerment & Influence at Work and in Life

What will your impact be 100 years from now?

At work	
At home	

My Notes